

LMWH FOR CLOTS IN A CAST?

One Minute Wonder

**POTCAST: Thromboprophylaxis after knee arthroscopy and lower limb casting
NEJM 2017**



Population

Adult patients presenting with lower limb injury requiring plaster cast for at least a week
10 sites across Netherlands



Intervention

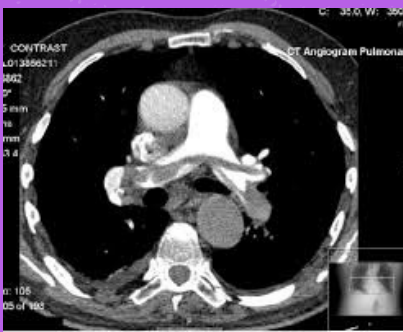
Prophylactic LMWH for the duration of treatment in plaster.

Dalteparin 2500units or Nadroparin 2850 units



Control

No treatment
Open label trial



Outcome

Symptomatic VTE at 3 months
Questionnaire and symptom based
ARR 0.4% (-1.8 to 1%)
No significant benefit to LMWH